# FMA-OUTREACH FOR UNDERPRIVILEGED WOMEN AND CHILDREN (OUWC)

*Empowering Lives Through Skills, Protection and Sustainable Livelihoods*

# ANNUAL REPORT 2025–2026





# Table of Contents


1. About us: Vision & Mission
2. President's Message
3. Director's Message
4. Impact at a glance
5. Building Young Leaders
   - 5.1 Bridging the Learning Gaps
   - 5.2 Stories of Growth and Achievements
6. Sustaining Livelihood Through Fashion
7. Digital Skills for Employability
8. Leadership Development
9. Skill Expo 2026
10. Women Livelihood Pathways
    - 10.1 Aromatic & Decorative Candle making
    - 10.2 Macrame Enterprise
    - 10.3 International women's Day
11. Day Care Centre
    - 11.1 Promoting Healthy Ageing
12. Inauguration Of Fresh Pick Training Centre and Food Processing Unit
13. Recognition For Environmental Stewardship
14. Province-Wide Safeguarding Policy Initiative
15. Key Operational Centres
16. Launch of New Hospitality Training Programme
    - 16.1 From Aspiration to Achievement
17. Looking Ahead
18. Governing Board Members
19. Partners & Donors

# 1. ABOUT US

FMA-Outreach for Underprivileged Women and Children (FMA-OUWC) is a private non- government and non-political organization of the Salesian Sisters of Northern India, which though affiliated to the International non-Governmental Development Organization promoted by the Institute of the Salesian Sisters of Don Bosco (FMA-NGO) Rome, is an autonomous organization with its own statutes and regulations, legally constituted without profit motive and works on cooperation for development. It was registered on 24.02.2003 under the Registration of Societies Act XXI of 1860.



## VISION

We commit to working for the integral and sustainable development of the marginalised groups to promote and empower their potential in an environment which upholds the values of human rights and dignity, eco-friendly, lobbying and advocacy, justice and peace in a spirit of solidarity.

## MISSION

To promote empowerment, quality education, training, health status, employment and networking through appropriate strategies for the marginalized groups in the operational areas.



# PRESIDENT'S MESSAGE

**To Our Esteemed Members, Partners and Communities,**

As we present the Annual Report for the year 2025–2026, I am filled with immense gratitude and pride. As we look at the past year, we see a story of resilience, common purpose, and steady development. The year presented unique challenges, but more importantly, it highlighted our capacity to adapt and innovate. Through your unwavering dedication, we did not merely navigate change—we turned it into momentum. Over the last year, we expanded our core activities to reach thousands of people and cultivated vital strategic partnerships that enhanced our capacity to serve and advocate effectively.

Progress is never the work of a single individual; it is the outcome of a team's combined efforts, vision, and dedication. While this report celebrates our shared accomplishments, it also serves as our launchpad for what lies ahead. As we transition into the next cycle, our focus remains clear: driving measurable impact, fostering deeper connections, and ensuring sustainable growth for our institution. I extend my deepest gratitude to our sisters, staff, partners, and supporters for your continued trust and belief in our mission. I invite you to read through these pages, celebrate these collective milestones with us, and join us in shaping the next chapter of our journey.

**Sr. Rosa Pyngrope**
President

# DIRECTOR'S MESSAGE

**Dear friends**

The year 2025–2026 has been a year of purpose, partnership, and progress for us. Guided by our mission of empowering the vulnerable and underprivileged, we continued to invest in skill development, capacity building, and sustainable livelihood initiatives that enable individuals to lead dignified and self-reliant lives.

We believe that meaningful development begins by investing in people. Throughout the year, our programs focused on capacitating children, equipping women, young people, and vulnerable communities with employability skills, entrepreneurial capabilities, and opportunities for sustainable livelihoods. Beyond imparting technical knowledge, we have worked to nurture confidence, resilience, and self-reliance—enabling individuals to become agents of change within their families and communities.

The progress highlighted in this report has been made possible through the invaluable partnership of government departments, donors, training partners, community leaders, all FMA Communities of Shilllong Province and our dedicated team. I extend my heartfelt gratitude to all who have walked alongside us, believing in our vision and contributing to our mission of creating lasting social impact.

**Sr. Garnet Sutnga**
Director



# 4. IMPACT AT A GLANCE

## Auxilium Roilang Institute For Sustainable Empowerment (ARISE)

1. BASIC COMPUTER — 18 Certified
2. TAILORING — 21 Women Trained
3. EMBROIDERY — 6 Women Trained
4. DTP — 2 Certified
5. HAND EMBROIDERY — 30 Women Trained
6. WEDDING GOWN — 50 Women Trained
7. RECEIVED STIPEND — 12 Benefited

## St. Marys' Tailoring Centre Rangblang

1. TAILORING — 13 Women Trained
2. RECEIVED STIPEND — 6 Women Benefited
3. STARTUP TOOLS — 10 Women received Sewing Machine

## FMA OUTREACH TRAINING CENTRE

| | |
|---|---|
| 01. | AROMATIC & DECORATIVE CANDLE TRAINING — 25 Women Trained |
| 02. | TAILORING — Male: 02, Female: 106 |
| 03. | EMBROIDERY — 11 Women Certified |
| 04. | CHILDREN'S PARLIAMENT — 30 Units, 643 Members |
| 05. | FREE TUITION — 37 Children Benefited |
| 06. | HEALTH CAMPS — 50 Elderly served Monthly |
| 07. | FRUIT PROCESING — 62 Trainees Certified |
| 08. | MACRAME BAG TRAINING — 50 Women Trained |

## AUXILIUM SKILL TRAINING(ASTC), KHAPMARA

- INTEGRATED FARMING SYSTEM — 29 (Male: 01, Female: 28)
- FASHION DESIGNER — 20 (Male: 01, Female: 19)
- HOSPITALITY — 91 (Male: 28, Female: 63)
- VERMICOMPOST — 50 (Female: 50)
- TAILORING — 75 (Female: 75)
- CAREER GUIDANCE — 300 (Male: 100, Female: 75)
- DESKTOP PUBLISHING (DTP) — 05 (Male: 03, Female: 02)
- DATA ENTRY OPERATOR (DEO) — 192 (Male: 50, Female: 142)
- SHG — 12 (Female: 12 members)

## AUXILIUM LIFE SKILLS TRAINING CENTRE, NONGTHYMMAI

01. TAILORING — 60 Women Trained
02. EMBROIDERY — 10 Women Trained
03. MACRAME BAG MAKING — 40 Women Trained
04. RECEIVED STIPEND — 29 Women Benefited

## BELLEFONTE COMMUNITY COLLEGE(BCC)

- 34 — FASHION DESIGNER — Male: 02 | Female: 32
- 22 — CRAFT BAKERY TECHNICIAN — Male: 02 | Female: 20
- 60 — BASIC & DEO — Male: 12 | Female: 48

## AUXITECH COMPUTER INSTITUTE NONGTHYMMAI

CCA & DEO

37 YOUTH CERTIFIED

# 5. BUILDING YOUNG LEADERS

Thirty Units of Children's Parliament was successfully formed in neighbourhood as well as in schools, empowering 643 young leaders, driving meaningful community participation and grassroots advocacy across the province. Through hands-on leadership development and environmental stewardship, these units actively spearheaded regional tree plantation drives, Awareness on Human Trafficking and championed the "No Plastic" initiative to foster sustainable local action.



## 5.1 Bridging the Learning Gaps

Free tuition support was provided to 37 underprivileged students from economically disadvantaged families at the Day Care Centre, Khliehriat. The initiative supports children from economically disadvantaged families who cannot afford private tuition due to financial constraints. Through regular academic support, the programme strengthens foundational skills, improves learning outcomes, and builds confidence. By creating a supportive learning environment, FMA-OUWC helps children overcome learning gaps and move towards a brighter and more confident future.



## 5.2 Stories of Growth and Achievement



I am **Banshembha Kharhunai** from FMA–Outreach, Shillong, Meghalaya. During the National Inclusive Children Parliament (NICP) week, I discovered something truly important, that children are not just tomorrow's citizens but today's citizens, active child citizens with voices that matter now. I also gained a deeper understanding of my world, my rights, and the role I can play in shaping society. Attending the Inclusive United Nations (IN–U.N) 2026 at New Delhi, was an unforgettable experience. It was not just an event—it was a milestone in my journey. It made me feel that my voice and my dreams for children everywhere can inspire real change and support global advocacy. One of the most meaningful moments for me was spending time with specially-abled children. From them, I learned that life is not only about education and technology but also about inclusive thinking, empathy, and walking forward together, not leaving anyone behind. Through this first experience, I realized that there is still so much more to learn, to understand, and to act upon. I am inspired to acquire further knowledge and to disseminate wisdom throughout our nation and beyond—particularly regarding the rights and responsibilities of every child, irrespective of their identity or background. I advance these teachings with optimism—that through listening, learning, and advocating for inclusion, we can create a world in which every child is honoured, appreciated, and empowered.

I am **Ibapyntngen Shangdiar** representing FMA-OUWC Children's Parliament. Participating in the National Inclusive Children Parliament (NICP) and Inclusive United Nations (IN–U. N), New Delhi events has shown me that advocacy is not about achieving perfection, but rather about being sincere and courageous. This experience has made me aware of the strength found in unity and child-led advocacy. I have learned the importance of voicing my thoughts, listening attentively, and amplifying the voices of children who may never have the opportunity to be heard. This is an experience that will remain with me for many years to come.














STOP
HUMAN
TRAFFICKING






Stop the Chains,
Start the Change –
Every Child Deserves
Freedom
Leave no child behind in the
fight against Human
Trafficking
UMAN TRAFFICKING











## 6. SUSTAINING LIVELIHOOD THROUGH FASHION

Empowering women and young people through skill development remained a key priority during the year. Our Fashion, Tailoring and Embroidery Training Programme provides participants with industry-relevant skills, promoting self-employment, entrepreneurship and sustainable livelihoods. A total of 400 trainees (395 women and 5 males) successfully completed the training across various centres. 47 trainees got stipends to help them transition into employment, and 10 outstanding trainees were given sewing machines as start-up tools by the District Commerce & Industries Centre (DCIC), allowing them to confidently embark on their entrepreneurial adventure.

# 7. DIGITAL SKILLS FOR EMPLOYABILITY

Recognising the growing demand for digital competencies, we continued to invest in strengthening the digital skills of young people. During the year, 314 young people successfully completed training in Basic Computer Applications, Data Entry Operations (DEO) and Desktop Publishing (DTP). The programme equipped participants with practical, job-ready skills, improved their confidence in using digital technologies and enhanced their employability, opening pathways to meaningful employment and sustainable livelihoods in an increasingly digital world.






# 8. LEADERSHIP DEVELOPMENT

FMA- Outreach for Underprivileged Women and Children convened a dynamic two-day Integrated Leadership Skills Meet on December 19–20, 2025 at FMA- Outreach, for the in-charge of Tailoring, Computer Training Centres and Children's Parliament Coordinators. The programme provided a valuable platform for learning, sharing experiences and strengthening collaboration. The initiative successfully blended professional development with personal renewal.

Participants were enriched through an input on Don Bosco's Preventive System by Sr. Rosina Susngi, General Coordinator and an awareness session on Cyber Crime and Online Safety by Sub-Inspector J. Dhar, Cyber Crime Wing, CID Meghalaya. Interactive group discussions encouraged the exchange of best practices and future action plans.

The meet concluded with a refreshing outing on 20 December to the Meghalaya Biological Park, fostering fellowship, renewal and stronger bonds among the participants before they returned to their respective communities inspired for their mission.







# 9. SKILL EXPO 2026

The first-ever Skill Expo showcased trainees' talents in tailoring, food processing, computer applications, candle making and other vocational skills, creating a valuable platform for public recognition, networking and market exposure. Under the theme “Where Talent Meets Opportunity,” the event allowed trainees to showcase practical skills through various displays. Mr. Winston Tony Lyngdoh inaugurated the Expo, emphasizing the significance of vocational training. The speakers, including local council members, praised initiatives aimed at imparting life skills and highlighted programs available through the District Centre for Commerce and Industry. The event featured an exhibition of diverse products and concluded with cultural performances and awards for the top-selling stall, with Auxilium Skill Training Centre, Khapmara winning first prize.













# 10. WOMEN LIVELIHOOD PATHWAYS

## 10.1 Aromatic & Decorative Candle Making

From February 9 to 28, 2026, FMA-Outreach partnered with Numaligarh Refinery Limited (NRL) and the National Small Industries Corporation (NSIC) to deliver an 18-day candle-making training for 25 women. The practical curriculum covered wax formulation, precision moulding, and commercial packaging to equip participants for home-based micro-enterprise.

The program concluded on March 3, 2026, with a high-profile Certificate Distribution Ceremony attended by leaders from NRL, NSIC, the Meghalaya Khadi & Village Industries Board, and GM-DCIC East Khasi Hills—underscoring strong institutional support for turning local crafts skills into sustainable self-employment.







## 10.2 Macramé Enterprise

To drive economic self-reliance, FMA-OUWC hosted three intensive Macramé Bag-Making workshops across Lumshyiap, Khliehriat, and Sakhain in 2025. The initiative achieved key impacts:

- 50 Women Skilled: Mastered technical crafting for eco-friendly, marketable macramé products.
- Micro-Enterprise Ready: Equipped participants with production and income-generation skills.
- Sustainable Growth: Created direct pathways to home-based self-employment and boosted household revenue.







## 10.3 International Women's Day

International Women's Day across eight regional centres—including Saiseij, Wahkaji, Umdohlun, Umdohlun, Auxilium Provincial House, Mazzarello Jowai, Sutnga and Garobadha with educational workshops and cultural programs. At FMA-Outreach the celebration was in collaboration with the District Legal Services Authority (DLSA) and Jan Shikshan Sansthan (JSS). Awareness sessions on the Prevention of Sexual Harassment (POSH) and Domestic Violence Act were conducted to educate women on their rights and legal protections.







# 11. DAY CARE CENTRE

The Day Care Centre for Senior Citizens in Khliehriat is committed to promoting healthy, active and dignified ageing. Through regular healthcare, awareness programmes, recreational activities and festive celebrations, the Centre provides a safe and welcoming space where older people experience care, companionship and holistic well-being.












## 11.1 Promoting Healthy Ageing

- World Elder Abuse Awareness Day equipped senior citizens with knowledge of their legal rights and the support services available through the District Legal Services Authority, empowering them to live with greater confidence and security.
- On 22 September, the International Day of Older Persons was commemorated at the Day Care Centre with a visit from Sr. Rosa Pyngrope, Provincial. She delivered a keynote address addressing the theme: "*Older Persons Driving Local and Global Action: Our Aspirations, Our Well-Being, Our Rights.*" The event celebrated the contributions of the elderly and emphasized the organisation's commitment to their dignity, care and active inclusion.
- On February 11, 2026, the World Day of the Sick was observed with the theme "*The compassion of the Samaritan: Loving by Bearing Another's Pain*." The event emphasized that acts of kindness and loving presence foster healing and hope, reinforcing the commitment to treating the sick and aged with dignity and compassion.





- Pre-Christmas Programme was celebrated on 18 December 2025, fostering an atmosphere of love and festive cheer among senior beneficiaries. The event included Christmas carols, cultural performances, interactive games and the exchange of greetings, promoting fellowship. It concluded with gift distribution and refreshments, creating a memorable celebration for all attendees.

**Highlights 2026**

- 50 senior citizens benefited from monthly health camps.
- 4 major awareness and wellness programmes were conducted.
- Regular healthcare, legal awareness, emotional support and festive celebrations promoted active and healthy ageing.

Through holistic care, health services, awareness programmes and opportunities for social interaction, the Day Care Centre continues to enhance the quality of life of senior citizens, ensuring they age with dignity, good health and a renewed sense of belonging.

## 12. INAUGURATION OF FRESH PICK TRAINING CENTRE AND FOOD PROCESSING UNIT

FMA-Outreach for Underprivileged Women and Children, inaugurated the Fresh Pick Training Centre and Food Processing Unit on 9 August 2025, with the vision of promoting local agricultural produce through value addition and creating sustainable livelihood opportunities. The centre is FSSAI-certified to produce juices, spices, jams and other food products.

The programme was graced by Sr. Rosa Pyngrope, Provincial of Shillong Province, as the Chief Guest, while Fr. George Shining Lyngkhoi, SDB, blessed the new unit. Also, present were the Provincial Councillors, Governing Board members, trainees from the Dressmaking, Macramé Bag, Fruit Processing courses and Ms. Ribha Shylla from the Directorate of Food Processing.

The programme began with a welcome address by Sr. Garnet Sutnga, Director, followed by the distribution of certificates to 62 trainees, the first batch



trained in food processing and value addition. Guests were presented with a bottle of Fresh Pick Ready-to-Serve (RTS) Juice.

The inauguration marked the beginning of a promising venture dedicated to empowering youth and women, supporting local farmers and promoting entrepreneurship through value-added food processing.




Fresh Pick



## 13. RECOGNITION FOR ENVIRONMENTAL STEWARDSHIP

On August 9, 2026, FMA- OUWC formally recognized Sr. Maria Goretti Nongrum, Sr. Ephrilda Mawsor, Sr. Celibon Maslai and Sr. Janicia Nongrum with commemorative souvenirs for their excellent contributions to environmental projects.

Their passionate leadership and relentless efforts have resulted in meaningful sustainability practices, community eco-awareness, and environmental stewardship throughout local programs, establishing a high standard for community-led conservation.





## 14. PROVINCE-WIDE SAFEGUARDING POLICY INITIATIVE

To reinforce our commitment to child welfare and safety, comprehensive, region-wise Safeguarding Policy Training sessions were conducted for all the sisters, school teachers, and non-teaching staff. Guided by Sr. Garnet Sutnga, the workshops provided a clear framework on the vital principles and duties surrounding safeguarding.

The initiative drew broad participation across the province, inspiring meaningful discourse and a shared dedication to Safeguarding of Children and Vulnerable Adults. The training emphasized that safeguarding is an indispensable duty shared by every educator and sister. It ended with a renewed mandate for all participants to proactively safeguard the dignity, rights, and well-being of children and vulnerable persons by maintaining zero-tolerance, highly supportive, and protective educational environments.

















AUXILIUM GIRLS SCHOOL - AGARTALA





## 15. Key Operational Centres for Skill Training

1. Auxitech Computer Institute, Nongthymmai
2. Auxilium Life Skills Training Centre, Nongthymmai
3. Auxilium Skill Training Centre (ASTC), Khapmara
4. Auxilium Roilang Institute for Sustainable Empowerment (ARISE)
5. Bellefonte Community College (BCC)
6. FMA-Outreach Training Centre
7. St. Marys' Tailoring Centre, Rangblang
8. Day Care Centre, Khliehriat



## 16. LAUNCH OF NEW HOSPITALITY TRAINING PROGRAMME

FMA-OUWC, in strategic partnership with the Meghalaya State Skill Development Society (MSSDS) and SAATHIYA Academy, Bangalore, proudly launched a fully funded Hospitality Training Initiative on July 21, 2025. Designed to transform the lives of underprivileged youth, this high-impact program provides free, market-driven skill training and guaranteed career pathways.

All foundational training occurs at the Auxilium Skills Training Centre, Khapmara, leading to further practical training at SAATHIYA Academy in Bangalore. The Hospitality Training Course was inaugurated on July 21, 2025, at the ASTC Khapmara campus, marking a significant step in youth empowerment. The ceremony featured notable attendees, including Shri. Abilash Baranwal, Deputy Commissioner of Ri-Bhoi District and officials from MSSDS, highlighted the commitment of government and non-profit sectors to youth development.








## 16.1 FROM ASPIRATION TO ACHIEVEMENT

21 young people have successfully launched their careers in premium hotels, demonstrating how industry-relevant skills training can transform aspirations into meaningful employment and sustainable livelihoods.



**Anjuly Dkhar**
House Keeping Associate
The Leela Palace Chennai



**Audrilin Talang**
Guest Service Associate F&B
Hyatt Centric Hebbal Bangaluru



**Babiangdor lawrein**
Guest Service Associate
Renaissance Bangaluru Race Course Hotel



**Badphi Ranee**
Guest Service Associate F& B Department
Marriott Hotel Whitefield
Bangaluru



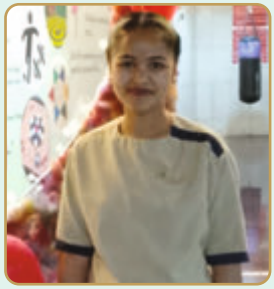
**Baieidiaineh Tyngkan**
Guest Service Associate F&B Department
Courtyard by Marriott, Shillong



**Baniaihneh Lyngdoh**
Guest Service Associate
Fairfield by Marriot, Hyderabadh



**Barilin Mawlong**
Front office Associate
Marriott Executive Apartment
Bellandur



**Darilang Mawlieh**
Grand Mercure Hotel,
Gopallan Mall Bangaluru
HK Department



**Donbok Thongsni**
Guest Service Associate
JW Mariott Bangalore



**Iari Khongshei**
Guest Service Asscociate HK Department
Ibis Hosur Road Bangalore



**Ibandari Ksoo**
Guest Service associate
Front office Department
Marriott Executive Apartment



**Ibanrisha Suting**
Mariott Executive Apartment
UB City Bangalore
F& B Associate



**Ram Shullet**
Guest Service Associate F&B Department
Marriott Whitefield Hotel, Bengaluru



**Jerremy Giaccardo Marbaniang**
House Keeping Department
The Leela Palace Chennai



**Lamjingshai Langbang**
Guest Service Associate HK Department
APARK by Hilton, Bangaluru



**Selina Suchiang**
Housekeeping Guest Associate
Green Glen Layout Bellandur
Bengalaru



**Ibarshisha Thabah**
Guest Service Associate
Marriott Whitefield Hotel
Bengaluru



**Rebecca Tho**
Guest Service Associate
Hyatt Centric Hebbal
Bengaluru



**Riklis Shadap**
Guest Service Associate
Grand Mercure Hotel



**Mardapbiang Dkhar**
Guest Service Associate
HK Department
Leela Palce, Chennai



**Shailin Mawlong**
Housekeeping Guest Associate
Renaissance Bangaluru
Race Course Hotel

## 17. LOOKING AHEAD

As we move forward, FMA-Outreach for Underprivileged Women and children remains committed to expanding opportunities in education, livelihood, child protection and community development. Together with our partners, supporters and communities, we will continue to empower lives and create lasting social impact.





## 18. GOVERNING BOARD MEMBERS

Sr. Rosa Pynrope - President

Sr. Garnet Sutnga-Secretary

Sr. Theodosia Mawniuh-Treasurer

Sr. Janicia Mary Nongrum- Jt. Secretary

Sr. Maristella Ryngkhlem-Member

Sr. Jubil Mary Dkhar-Member

Mr. Dominic Keirang Warjri-Member

## 19. PARTNERS & DONORS

- FMA Communities of Shillong Province
- National Development Forum (NDF)
- Meghalaya State Skill Development Society (MSSDS)
- Social Welfare Department, Meghalaya
- Jan Shikshan Sansthan (JSS)
- SAATHIYA Academy, Bangalore
- National Small Industries Cooperation (NSIC)
- Numaligarh Refinery Limited (NRL)
- National Bank for Agriculture and Rural Development (NABARD)

# FMA Outreach


Lumshyiap, Shillong - 793001
East Khasi Hills, Meghalaya

fmaoutreachshillong.in

fmaouwcdo@gmail.com

+91 7085495905
+91 6909836327